

SAMPLE PROJECT IDEAS FOR SENIORS

Do you want to plan a volunteer project? Contact your local agency, church, neighborhood association or others to see how you can help. Here are some ideas to get started!

- Stock a food pantry
- Organize a neighborhood “Trash Clean-Up” of streets, yards, trails, rivers, or camp grounds
- Use leftover fabric to make pillows for the underprivileged
- Do arts and crafts with a population of your interest and/or as a fundraiser
- Dictate letters for clients
- Write letters to a local political party, organization, etc. to ask for support of your cause
- Record books on tape
- Organize a “Cut-A-Thon” with a local barbershop to donate hair cuts
- Share your talents with a local hospice or nursing home
- Coordinate a collection drive (diapers, socks, camping gear, books, coins)
- Distribute materials (books, clothing, advocacy pieces)
- Create a scarecrow for a community garden
- Create games and education props for kids
- Provide companionship for clients
- Organize a car wash or bake sale
- Develop a slideshow or video to highlight an organization
- Assemble comfort bags or hygiene packs
- for those without the comforts of home
- Work on a mailing project
- Distribute brochures about an informative issue
- Hold a community BBQ
- Bring awareness to an issue by making posters, brochures or sharing a message
- Bring flowers to someone to brighten their day
- Make birthday boxes
- Ask a nonprofit agency that serves your favorite cause for a wish list.
- Donate locally or internationally